New Youth Development Advisory Council Meets

By: Georgene Bender, RSA

The newly formed State 4-H Youth Development Advisory Council met February 25 in Gainesville. Representatives from 4-H, Extension, our partnerships and other potential partners met together. Dr. Norman consulted Pasco County 4-H Agent, former facilitator of Program Development Committee and Mike McKinney, Extension Emeritus to assist with the formation of the group and plan the first meeting.

Mike McKinney is a consultant that assists groups with formation and development. He led the group with an activity to get to know each other. The group was asked to list one word that describes what they bring to this group. That activity seemed to connect participants together. By the end of the day, participants were sharing business cards and ideas.

The South Central Region was well represented at this council. Beside Jean and Mike’s input, I represented the RSAs at the council meeting and served as secretary recording notes. Key stakeholders from our area that attended were:

- Sherry Berry – PepsiCo
- Lisa Hinton – Federation of Fairs
- Shawn Russell – Teen, Sarasota
- Jared Padgett – Teen, Sarasota
- Rachel Wise – Teen, Pasco
- Dr. Susan MacManus – USF Prof
- Stephanie Farmer – Farm & Ranch News

Feedback from the participants was extremely positive. They have made a commitment to serve for two years for eight meetings. The group even felt strongly that all members should be screened.

There were many significant stakeholders that have potential for some great partnerships. Disney, 21st Century Schools, Governor’s Office of Volunteers, The Director of Florida Emergency Management, State Natural Resources Department, Florida National Guard and many more.

In the trying times ahead for all government programs, to move Florida 4-H into this State Advisory Council was smart. Hats off to Dr. Norman, Jean and Mike – well done!

Did you missed the “Wiggio Webinar”? Go to this link below and watch a 5 minute demo

http://screenr.com/6cx

Want a handout of the 2011 Photo/Poster Changes for District Events? See Link above.
5 Baby Steps to Help You Improve

1. See how long you can keep eye contact with someone while they are talking.

2. Go to the mall, find a seat, and watch people communicate with each other. Observe what their body language is saying.

3. If you are a talker, take a break and spend your day listening. Only talk when you have to.

4. Sometime during the week, ask someone you know “How’s it going?” Open your heart and practice genuine listening. You’ll be surprised by what you learn.

5. Ask yourself, “Which of the five poor listening styles do I have the biggest problem with? Now, try to go one day without doing it. List your poor listening style you struggle with ___________.

7 Habits Series Summarized by Georgene Bender, RSA


1. Deepest Need of the Human Heart: To Be Understood
   A basic need of humans is to be respected and valued. In today’s world it is rare that we find people treated with value and respect. Rudeness, selfishness are practiced more and more. There is a saying that “People don’t care how much you know until they know how much you care.” Is that true? You betcha!

2. Five Poor Listening Styles
   To be able to understand someone, you must LISTEN first. When people talk, we seldom listen, we are too preoccupied with our own thoughts. Here are the 5 styles – which one fits YOU?

   - Spacing Out: This person is not listening as we talk, they are really in their own zone.
   - Pretend Listening: We fake our listening by nods, and simple responses “yea”, “cool”.
   - Word Listening: Here we listening, picking up words, but we don’t connect body language, tone or feelings.
   - Selective Listening: As its name implies – one chooses what they listen to.
   - Self-Centered Listening: This person only sees everything from THEIR point of view.
   - Judging: This person is busy ‘judging’ what is said in their mind, they are NOT really listening.
   - Advising: Here we give advise from our experiences – the “When I was your age”.
   - Probing: This person digs up emotions before the person is ready to share.

3. Genuine Listening

   - Listen with your eyes, heart and ears.
     - 53% Body Language
     - 40% Tone/Feeling
     - 7% Words

   - Stand in others shoes.
   Try to see the world through other’s eyes and emotions. Put your emotions and

   - Practice Mirroring, Not Mimicking
   Repeat the meaning of what people are saying. Use your OWN words to describe what you just heard. Mirroring gives value and respect and shows warmth and caring to the person speaking.
New Curriculum

Leader Guides and Youth Activities Books
www.4-Hmilitarypartnerships.org

This material was developed for military youth programs from 1 hour to all day. GREAT curriculum developed by Minnesota 4-H. Material may be downloaded FREE - activities might be good for summer day camps, residential camps and afterschool programs. OMK staff will each have a set of these books, if you want to see them, but they can be downloaded free from the 4-H partnership website. There are lots of great materials on that site for your use!

SAVE THE DATE:  Friday, August 6, 2010

10 – 12N  Technology Workshop
           Dave Palmer & Georgene Bender

12N – 2pm South Central Salutes Dr. Marilyn Norman's Florida Extension Career
        Lunch Provided

UF Plant City Center
1200 N. Park Rd.
Plant City, FL 33563

Welcome Back to 4-H

Annie Galdames
Collier County

Annie has completed her master's program at Colorado State and returned to UF.

Congrats and welcome back!

APRIL 10 – MILITARY FAMILY DAY
10-4 pm FREE
@ Camp Cloverleaf, Camp Ocala and Camp Timpoochee

Volunteers needed to lead activities, tours of camp, serve lunch
Contact Cliff Lewis, OMK Coordinator
Sgmlewis@ufl.edu
if your teen group is interested in helping
This is AWESOME…I am sure you could contact Janet Golden, Pinellas and link to this page – “don’t reinvent the wheel’ – but give Pinellas the credit…this is so fun and unique. Great job – I know this took hours of work. Congrats to Janet, Jean, Spenser, Margaret and Teen Mentors for their work on this great site. Definitely award potential material – Way to GO!!

In-Service Opportunities

<table>
<thead>
<tr>
<th>Code</th>
<th>Date</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>29177</td>
<td>3/15/2010</td>
<td>Everyone Ready: Bridging the Gap Between Volunteers &amp; Employees: Keys to Effective Partnership Webinar (Self)</td>
</tr>
<tr>
<td>29123</td>
<td>3/19/2010</td>
<td>Understanding the Autism Spectrum (Self/Other Funded)</td>
</tr>
<tr>
<td>29197</td>
<td>4/12-13 2010</td>
<td>FAE4-HA Mid-Year Meeting and Professional Development National 4H new “Essential Elements” Training Program (Grant Funded)</td>
</tr>
<tr>
<td>29150</td>
<td>4/13/2010</td>
<td>4-H Volunteer Screening (Self/Other Funded)</td>
</tr>
</tbody>
</table>